

News Release

FOR IMMEDIATE RELEASE

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Sturgis Hospital Dietician recipient of the "2008 Young Dietitian of the Year Award"

[Sturgis MI – March 14, 2008] Sarah Clark, Register Dietician at Sturgis Hospital is the recipient of the "2008 Young Dietitian of the Year Award" from the Michigan Dietetic Association. Clark will receive the award in April at the Michigan Dietetic Association Annual Meeting in April.

Clark meets daily with Hospital inpatients, outpatients and diabetes patients teaching them about nutrition and health eating. She helps teach the Hospital's monthly diabetes classes, and frequently conducts food tours, interpreting food labels for shoppers. She also performs food demonstrations for schools and the general public. Organizations interested in having a presentation may contact Sturgis Hospital.

The Michigan Dietetic Association (MDA) has been serving Michigan citizens since 1929. An affiliate of the American Dietetic Association, MDA has a membership of more than 2,000 dietetic professionals, including Registered Dietitians (RDs), Dietetic Technicians Registered (DTRs), and Dietetics Students. MDA members are the leading source of food and nutrition information in Michigan. www.eatrightmich.org

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