

**HEALTH SERVICES FOR THE ENTIRE FAMILY!**

**42" HD FLAT SCREEN TV WITH WII HEALTHFIT PACKAGE RAFFLE!**

# HEALTH FAIR

**Saturday, August 15**

**9:00AM to 1:00PM**

at the

**Medical Commons**

Sturgis Hospital in cooperation with the St. Joseph Co. Community Health Agency is hosting its first Health Fair, Saturday, August 15, 9am-1pm on the campus of the Medical Commons Building at 1717 E. Chicago Road in Sturgis.

## **Wide Variety Of Services!**

**Screenings, assessments, health education, area support groups and various other related exhibits and booths**

### **HEALTH SCREENINGS, TEST AND SERVICES:**

Adult and Child Immunizations  
Blood Pressure Checks  
Blood Sugar Checks  
BMI – Body Mass Index  
Bone Density Screening  
Cataract & Glaucoma Screening  
Cholesterol Lipid Panel (requires 12 hour fasting)  
“Know your numbers” Health Assessment Reports  
Vision Screening & Education

### **HEALTH INFORMATION:**

Abstinence Resource Network of MI, Inc  
ACS Smoking Cessation  
“Ask the Pharmacist” questions relating to medications  
“Ask the Doctor” questions relating to preventative medical care – not diagnosis and treatment  
Bike Helmet Safety  
Chiropractic Health  
Child Finger Printing  
Dental Health  
Diabetes Education  
Eldercare and Senior Living Services  
Nutrition Education  
Obstetrics & Birthing Center  
Teen Driving -- Parent Notification Program

### **SUPPORT SERVICES:**

Alcoholics Anonymous  
Bariatric Support Group  
Car Seat Instruction  
Childhelp of Southwest Michigan, Inc.  
Fibromyalgia Support Group  
Insurance Sign-up for County and State Health Plans  
Sturgis Auxiliary Membership sign-up  
Survivors' Sisterhood – Breast Cancer Support Group  
United Way – 211 Help line

### **...AND MORE:**

Sturgis Fire Dept. – Fire/Rescue Vehicle Displays  
Sturgis Police Officer Dasti (a.k.a. Drug Dog)

### **PARTICIPATING ORGANIZATIONS:**

American Cancer Society  
Deboard Chiropractic, P.C.  
Heartland Health Care Center  
Holicki Eye Centers  
Lions Club: Project Kidsight  
Michigan Community Dental Clinics, Inc.  
Sturgis Hospital Birthing Center  
Sturgis Hospital Laboratory  
Sturgis Hospital Home Health  
Sturgis Hospital Health Education  
Sturgis Hospital Pharmacy  
SMG Medical Staff  
Riverview Manor  
Sodexo-Dietary/Nutrition  
St. Joseph Co. Community Health Agency  
Thurston Woods Village  
Sturgis Police Dept.  
Sturgis Fire Dept.  
Walmart Eye Center  
Walgreens Co., Pharmacy

**19' Kiddiepillar For The Children  
33' Titanic Slide  
With 19' Iceberg  
Obstacle Course**

